

7 DAYS

FIVE SENSES OF PUGLIA



ACCOMMODATION

Your accommodation will be in the spectacular, discreet and yet elegant countryside of the Itria Valley in Puglia. The accommodation has been selected strategically so we are located in a position which allows us to travel only short distances on a daily basis..

All guests will have their own authentic Trullo with private bathroom and all modern facilities. The accommodation is set on majestic grounds where you can recharge by the pool, enjoying the warm sun and fresh air.

GETTING THERE

The tour begins at Bari International airport where we will meet you and transfer you to your accommodation. Approximately 1 hour drive.

EXCLUSIONS

*Airtfares *Travel insurance (we'd advise taking out cover ahead of time) * Entry fees to visit any museums, galleries, or public premises, not listed on the itineraries. *Any meals outside of those listed within the itinerary.

INCLUSIONS

- Transfers to/from Bari International Airport on arrival & departure days
- 7 Nights accommodation in a typical Masseria/Trullo
- All breakfasts
- Three lunches are provided throughout the tour
- All dinners including local wines
- Traditional aperitivo in selected towns
- Bilingual hosts for the duration of your stay
- Olive Oil tasting and farm visit
- Local cheese tasting
- Guided tours in: Matera, Lecce, Alberobello
- All wine tasting events held at local establishments
- We'll assist with all travel as detailed on your itinerary
- Transport to the local township on tour free day

AU \$3,600 per person, twin share.

CA \$3,500 per person, twin share.

US \$3,000 per person, twin share.

Single Occupancy \$550

From the exquisite coastline and views of the traditional whitewashed homes, through to the UNESCO site in Alberobello, the local trattorias for food, the cobblestone paths and the nearby towns - your tour will be as captivating as it is memorable.

SAT / ARRIVAL

Once you arrive in the beautiful region of Puglia, we'll transport you to your new home for the week, where you can relax and unwind for the afternoon. Come evening time, we'll take you to one of the local eateries to enjoy locally produced fine foods and wine. We'll also give an overview of the exciting activities awaiting you this week.

SUN / OSTUNI & OLIVE OIL FARM & TASTING

Known as the white city, Ostuni is the first thing on our agenda where you'll be able to shop, explore the area and enjoy food from any number of the local stores and eateries. Next, we'll meet up at a local trattoria for an exciting lunch, followed by a tantalising olive oil taste tasting in the afternoon, courtesy of one of the oldest Pugliese oil producers in the region. If you didn't know; Puglia plays host to no fewer than 60 million olive trees and their locally produced oils are a staple part of the daily diet in the region. Lastly, you'll get to enjoy dinner in the evening on us in a nearby town!

MON / MATERA

We'll be up bright and early for breakfast as a trip to Matera - the host of the 2019 European Capital of Culture - is on the cards this morning. This ancient location is well known for its primitive homes, which are commonly renovated to blend antiquity with a modern appeal. You'll get to take part in a guided tour of the city, which will be followed with free time to enjoy as you please. To help you relax after a day of excitement, we'll arrange a traditional dinner once you're back at your accommodation and will undoubtedly want to discuss your exciting outing to a region chosen by UNESCO to feature a World Heritage Site, as well as having played host to the film *The Passion of the Christ*.

TUE / CHEESE TASTING & POLIGNANO A MARE

After a leisurely breakfast, we'll make our way to a local Caseificio, where you'll get to witness first hand how Mozzarella cheese is made! You'll also get to enjoy a spot of taste testing to whet your appetite. From there we will make our way to Polignano a Mare - a part of the region featuring crystal clear water and ancient caves - and you'll see just why it's called the Pearl of the Adriatic. You'll also likely appreciate knowing that the ruins of four watchtowers can still be found in this location, which used to overlook the region back in the days of its Spanish, Byzantine and Norman ownership. You will have this afternoon free to explore the township of Polignano before meeting for an aperitivo prior to an exquisite dinner!

WED / LECCE - OTRANTO

The stunningly baroque architecture of Lecce has led to this city becoming a firm favourite amongst photographers - and this is where we'll be heading this morning. Widely regarded as the New Florence of Italy, you'll find plenty to see and do, whilst being guided on a tour of the area. Whether you're a fan of fine dining, or a follower of centuries-old architecture, you'll love the time you have in Lecce. We'll eat lunch here and then visit Otranto - an elegant sea-front town with its own traditions and activities. You'll have the afternoon to explore this gorgeous town, have a swim, or simply enjoy a drink overlooking the water. The Romanesque cathedral stands pivotal within the town and still features its original 12th Century floor mosaics. Late afternoon we will make our way back to the accommodation, where a local chef will have dinner prepared for your arrival.

THU / LOCOROTONDO & ALBEROBELLO

This morning we will be starting with a trip to the UNESCO site of Alberobello, where you'll be treated to a guided tour through the Trulli and learn more about this historic town, which has been a World Heritage Site for almost 25 years. From there we will make our way back to the accommodation where our chef will prepare a typical 'light Pugliese' lunch. You will then have this afternoon to go for a bike ride, laze by the pool or read a book.

Mid to late afternoon, in Italian style we will make our way into the local township of Locorotondo which you can explore at your own pace. Unlike other parts of Puglia, Locorotondo is notable for its lack of tourist attractions; being one of the last bastions of traditions in the area.

We will then all meet in the main square for an aperitivo prior to a delightful dinner.

FRI / FREE DAY

During this free day, you'll get to choose which activities you take part in; from an exciting cooking experience, all the way to a morning in Ostuni, a cycling tour, yoga, or an optional day tour to suit your preference.

SAT / DEPARTURE

With a final breakfast to say goodbye to you and thank you for choosing us, we'll transfer you to Bari for your return flight and take away iconic memories to last a lifetime!



7 DAYS

PUGLIA HAND MADE



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GETTING THERE

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EXCLUSIONS

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INCLUSIONS

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- 7 Nights accommodation in a typical Masseria/Trullo
- All breakfasts
- Three lunches are provided throughout the tour
- All dinners including local wines
- Traditional aperitivo in selected towns
- Bilingual hosts for the duration of your stay
- Olive Oil tasting and farm visit
- Mozzarella Making class
- Cooking Experience: Orecchiette & Taralli
- Day with a fisherman or Ceramics course
- All wine tasting events held at local establishments
- We'll assist with all travel as detailed on your itinerary
- Transport to the local township on tour free day

AU \$3,950 per person, twin share.

CA \$3,850 per person, twin share.

US \$3,350 per person, twin share.

Single Occupancy \$550

Creativity, adventure, luxury. These are just three of the words we'd use to describe our iconic Puglia, Hand Made tour. If you're a fan of up close and personal experiences, what better way to spend just over a week than with us?

SAT / ARRIVAL

As soon as you step off of your plane you'll begin to feel the luxury, as we'll pick you up directly from the airport and transfer you back to your new home away from home. You'll have the opportunity to meet and greet your fellow guests, as well as pick between dining at home, or in one of the local Masserias. You'll also have the chance to chat with your hosts and talk about your exciting activities coming up in the week ahead.

SUN / OSTUNI & OLIVE OIL FARM & TASTING

On the agenda for today is the fabled town of Ostuni; known as the white city due to its architecture, and filled with an incredible variety of things to see and do. From shopping and sightseeing, right through to olive oil tasting and much more – today is a day where you'll have your thirst quenched, your appetite sated and your enjoyment peaked. To top things off nicely, we'll take you for lunch in Ostuni and then fine dining in Cisternino later in the evening.

MON / A DAY WITH A FISHERMAN OR LEARN THE ART OF CERAMICS

With a diverse day to enjoy, you'll have the choice between spending your time with a local fisherman and traversing the Mediterranean waves before heading into the market with your fishing guide for the day, or alternatively you could pick an exciting Ceramic creation course in the stunning town of Grottaglie, where you'll be taught to craft ceramics in a fun and engaging lesson. We'll then treat you to dinner in the evening, where you can catch up with your fellow guests and share your experiences.

TUE / MOZZARELLA MAKING IN POLIGNANO

Today will be a firm favourite amongst cheese lovers and fans of fine dining. To get things underway, we'll be transferring you to Caseificio for a spot of tasting. With your appetite whetted, you'll be treated to an aperitivo before we head to Polignano a Mare, followed by dinner in the evening. You'll learn how to make Mozzarella using authentic techniques with a friendly and educational course – and then the evening will be yours to enjoy (after dinner).

WED / MAKE FRESH ORECCHIETTE & TARALLI IN MANDURIA

If you thought that yesterday was exciting, today we have something even more exhilarating for you to experience. After breakfast, you'll have the chance to visit the iconic region of Manduria. Here you'll get to take part in a cooking experience where you'll get to make fresh Orecchiette and Taralli, as well as taste the tantalising wines that this region is so famous for. After your wine tasting session, we'll be heading back to your Masseria where you can chat, unwind and relax for the evening.

THU / LOCOROTONDO & ALBEROBELLO

With breakfast providing you with plenty of energy for your day ahead, we'll be leaving for Alberobello; with plenty of free time for you to shop and explore, as well as an optional market visit. After spending an exciting time in this city, we'll take you back to your Masseria for lunch and then prepare you for our next incredible destination – Locorotondo. You'll get to partake of an aperitivo here, as well as a world-class dinner, complete with drinks.

FRI / FREE DAY

To allow you time to take all of your experiences in, today has been designed as a free day; which means that you'll be able to choose your activities to your own preference. You'll get to enjoy breakfast and dinner on us, and we'll take you into Franca or Ostuni so that you can spend your day doing what you enjoy the most.

SAT / DEPARTURE

We'll wish you the very best on your journey back home and thank you deeply for choosing Travel Puglia for your Italian experience. We'll provide you with breakfast, take some time to chat, and then transfer you back to the airport where you can begin looking back fondly on your experience with us.



7 DAYS

MEDITERRANEAN REBALANCE



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INCLUSIONS

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- 7 Nights accommodation in a typical Masseria/Trullo
- All breakfasts
- Six lunches are provided throughout the tour
- All dinners including local wines
- Traditional aperitivo in selected towns
- Bilingual hosts for the duration of your stay
- Olive Oil tasting and farm visit
- Local cheese tasting
- Guided tour in Lecce
- Two cooking experiences
- Daily optional yoga sessions
- All wine tasting events held at local establishments
- We'll assist with all travel as detailed on your itinerary
- Transport to the local township on tour free day

AU \$3,950 per person, twin share.

CA \$3,850 per person, twin share.

US \$3,250 per person, twin share.

Single Occupancy \$550

It's no secret that people in the Mediterranean live longer, with many claiming it to be the incredibly healthy diet, while others argue that it's the peaceful way of life.

Whether you're a fan of healthy eating, culinary arts using the freshest ingredients, holistic therapies, or even the tantalising taste of olive oil fresh from a local vineyard; this is the tour for you.

SAT / ARRIVAL

Once you land, we'll pick you up from the airport and transport you back to your home for the next week. Within an hour we'll arrive at your Masseria, where you can unpack, unwind and get to know your fellow guests (as well as your hosts!). We've scheduled welcome drinks and dinner to begin your immersion into the Puglian lifestyle.

SUN / OSTUNI & OLIVE OIL FARM & TASTING

For fans of Yoga, you'll get to choose whether or not to partake in this early morning activity. After a leisurely breakfast, your first outdoor adventure will begin with a visit to the nearby city of Ostuni, known as one of the oldest parts of Puglia and instantly recognisable from land and sea. With a 1 o'clock lunch on the menu, you'll be able to savour the flavours of local cuisine. After a traditional lunch, in the afternoon, we'll be taking you to a family-run vineyard where you will get to enjoy a spot of olive oil tasting to tantalise your taste buds, as well as introduce your body to the healthiest oil in the world. To complete your first full day with us, you'll get to enjoy a traditional dinner in the local town of Cisternino, where you can have fun, enjoy conversations and get to know the Puglian way of life in even greater detail.

MON / POLIGNANO A MARE & COOKING EXPERIENCE

Starting bright and early with another optional Yoga session, after breakfast, you'll be ready and raring to go. Today, we have a visit to Polignano a Mare on the cards; a town complete with stunning coastlines, vibrant ocean colours and iconic architecture. Upon arrival you'll get to enjoy a truly traditional cooking experience with a professional chef, which will then be followed by lunch (time to partake of the delightful cuisine you just created!)

With so much to see and do in Polignano, you'll get to spend the afternoon exploring the town to your heart's content. As the evening draws in, we'll return you to your Masseria where you can enjoy a light dinner, have a swim in the pool, or enjoy the comfort of your home away from home.

TUE / CHEESE TASTING & MANDURIA

With another exciting day on the agenda, you'll have the option to begin again with a Yoga session.

We'll then take you to Casefici where you will get to see how Mozzarella is made, as well as try some of the delicious cheese. Today we'll be eating lunch in Manduria, the wine growing area of Puglia. Here we will visit a traditional winery, where we will have a tasting accompanied with lunch.

After lunch we'll head back to your Masseria where you can relax, settle back in, or prepare for dinner this evening. For dinner, we have an exciting meal planned at a local Trattoria.

WED / LECCE & COOKING EXPERIENCE

Your professional instructor will return for another invigorating Yoga class to start the day off well.

With Lecce on the agenda for the day, you'll be transported to a fabled city that is well-known for baroque architecture and captivating sights. Before getting to know the town you'll have an exhilarating cooking lesson to take part in, followed by a tantalising lunch.

After lunch, you'll be given an expertly guided tour around Lecce, including an education on its rich history, diverse lifestyle and unique appeal. After this, you'll have some free time to explore, shop, or check out the local sights and sounds. Late afternoon we will make our way back to the Masseria where you will enjoy a light dinner with drinks.

THU / LOCOROTONDO & ALBEROBELLO

To start the day, you'll have the option of taking part in another reinvigorating Yoga session with your instructor, of course if Yoga's not your thing then you'll be enjoying an extra long breakfast.

We'll be visiting two beautiful towns today; the first is Alberobello, the town of Trulli. Once we arrive you'll have some free time to check out what the inside of the Trulli look like, with the option of visiting the local market to check out the sellers' wares, or enjoy the ambience. For lunch, we'll be heading back to your Masseria in preparation for our next outing this afternoon.

Late afternoon when everything starts to reopen after siesta, we'll depart to Locorotondo, another stunning city in Puglia where you'll get to enjoy an Aperitivo, as well as dinner

FRI / WELLNESS DAY

For your penultimate day with us, we'll treat you to a trip to a local spa, where you'll also get to enjoy lunch and a massage. Once you're entirely relaxed from your spa day, including massage and other therapies, it will be time to head back to your Masseria for a few hours of free time. To celebrate your time with us, we'll take you into town for a full course meal, complete with drinks and a chance to say goodbye before you leave us tomorrow morning.

SAT / DEPARTURE

After breakfast, we'll take you back into Bari where you can catch your flight and travel home; hopefully with countless memories to last a lifetime!



Frequently Asked Questions

How small are the groups?

Our groups are no more than 12 participants.

What is the average age of those in your groups?

Our guests vary in age from 30 through to 75 years of age.

What time do our day trips start?

Our touring day generally commences at 9am

Do I need travel insurance?

We highly recommend you have travel insurance. You are required to purchase your own travel insurance to cover cancellation coverage, airline tickets, trip delay, lost luggage or any potential medical expenses.

Is there any free time?

We have scheduled tour free days within our respective itineraries and there is also the opportunity of spending time on your own on any of the scheduled day tours.

Is there air-conditioning in the apartments?

Yes, all apartments are air conditioned.

Is there a lot of walking?

Walking is part of the tour itinerary and although there may be stairs to climb and walking over cobble stoned streets is common, the walking is quite leisurely and you are able to stop and take a break if required.

What can I do on a Tour Free Day?

You can choose from a variety of additional activities that we have on offer, these range from cheese making, cooking classes, horse riding, cycling tours and many more. Booking prior to the tour is recommended. Alternatively you can visit another township.

Is there access to Wi-Fi?

There is Wi-Fi at all of the accommodations. However please remember that some of these places are in the countryside and although the Internet generally works quite well, it may not be the speed to which you are accustomed.

Can I make changes to my itinerary before or during the trip?

Itineraries are provided in order to ensure all our guests have the utmost travelling experience and we therefore do not amend itineraries once your tour has commenced.

How are the meals provided?

A continental breakfast will be served each morning at your accommodation. Lunches are generally at a Caffe or restaurant where you choose one course from the menu, this is generally a light lunch.

All dinners are either catered for at the accommodation or at a local restaurant or Trattoria. Dinner is 2 courses chosen from an a-la-carte menu. Local wine is included with dinner.

What will the food be like?

The food is typically Italian; all the meals provided are from a-la-carte menus which have ample varied selection.

What if I'm vegetarian or require a particular diet?

You are able to choose from an a-la-carte menu for all meals and the selection is varied and caters well for vegetarians.

What is the dress code?

Comfortable clothing and walking shoes for daily tours and smart casual for dinners.

What happens if I need to cancel?

Please see our terms and conditions.

