

#### - 7 DAYS -LADIES' ESCAPE

THIS TOUR IS FOR GROUPS OF MIN 4 PEOPLE ALREADY TRAVELLING TOGETHER. TOUR DATES ARE AVAILABLE UPON REQUEST.

#### ACCOMMODATION

Our accommodations are nearby the historical centre of Cortona and set on wonderful grounds which include a swimming pool. The apartments within the villa comprise one/two/three bedrooms, living area, kitchen, bathroom and laundry facilities, comprising air-conditioning and Wi-Fi. Located in the valley approximately 10km from the historical centre of Cortona, the accommodations, which are restored Tuscan farmhouses with old world rustic charm, become home base for the duration of the tour, allowing the traveller to settle into their own private apartment and commence their Tuscan experience.

#### GETTING THERE

The tour begins near the historical centre of Cortona. Arrival to Camucia-Cortona is easily accessible via train from either Rome or Florence stations. Either of these two major cities are a good option for your arrival into Italy and then travel to our location.

Upon arrival we will meet you at our local train station Camucia-Cortona and will transfer you, via vehicle to the villa.

Private vehicle transfers can be arranged from Airports/Hotels and transfer you directly to the accommodation. Quote available upon request.

#### CHECK IN / CHECK OUT

#### Check In is from 3:30pm

There will be transfers from Camucia-Cortona train station at 3:30pm & 5:30pm.

Transfers outside of these hours will be at an additional cost of €30.

#### Check Out is at 9am.

There will be transfers to Camucia-Cortona train station at 8am & 9am.
Transfers outside of these hours will be at an additional cost of €30.

#### EXCLUSIONS

\*Airfares \*Travel insurance (we'd advise taking out cover ahead of time). \* Entry fees to visit any museums, galleries, or public premises, not listed on the itineraries. \*Any meals outside of those listed within the itinerary.



#### INCLUSIONS

- 7 enjoyable nights in our Tuscan villa
- Our bilingual hosts & tours leaders will be on hand throughout the tour to assist you
- You'll find a fully provisioned apartment for all breakfasts
- This tour features 3 tantalising lunches
- Wine will be included with each of your 6 traditional dinners at a local restaurant or trattoria
- Your Vespa tour will include your helmet and a guide - and there are options to be a passenger if you'd prefer not to drive
- Enhance your culinary skills with a traditional Tuscan cooking lesson
- You'll get to enjoy a wellness experience at a local spa, complete with a 30 minute massage
- You'll explore Cortona and Siena on foot, with options to stop for food, stock up on ingredients and enjoy a spot of shopping
- Enjoy wine tasting at local and family-owned vineyards and wineries
- We'll take care of all of your travel requirements as detailed in your itinerary
- We will take care of collecting you when you arrive and dropping you off to the station when you depart
- Optional transport into the town of Cortona on a tour free day

What better way to enjoy the company of your female friends, bask in the stunning Tuscan sunlight and build memories to last a lifetime than on our Ladies' Escape tour? For 7 days you'll get to stay in a Tuscan villa set in the heart of the countryside of Cortona.

#### SAT | ARRIVAL

To get your Ladies' Escape underway, we'll pick you up personally from the station and bring you back to your home for the week. You'll have some pleasant time to settle in and relax as you're welcomed into your new surroundings. We're sure that your journey will have chipped away at your appetite, so to immerse you into the Tuscan lifestyle, we'll head out for a meal.

#### SUN | CORTONA

To get the first full day of your tour off to an exciting start, we'll head into the nearby town of Cortona; where we have plenty of things for you to see and do! Our enthusiastic tour guide will take you on an enjoyable walk of the town, with coffee included. To integrate you with the Tuscan lifestyle, you'll experience lunch at a local trattoria. With your stomach full, you'll have the opportunity to sit and relax to your heart's content or explore the town in greater detail.

Mid-afternoon If you feel ready to return to your apartment, we'll give you the option to be collected and transported at this time. If you chose to stay in Cortona or travel back home to the villa - we'll meet back up and take you into town in preparation for your evening meal. What better way to savour the flavours of Cortona than with a traditional aperitivo in the Piazza, followed by dinner!

# MON | PIENZA & MONTEPULCIANO BY VESPA

At 8:45am we'll be heading into Pienza; another hotspot for visitors and locals alike and filled with exciting things to see and do. Whether you're planning on riding alone or with a pillion - you'll love traversing the streets on a traditional Italian Vespa moped. After a full day of exploring, eating, sightseeing and shopping, we'll take you back to your accommodation to relax for a couple of hours before dinner. For your evening meal, we will take you to one of the local eateries in Cortona, where you'll partake of the fine food and exquisite wine.

# TUE | LAZY MORNING & COOKING CLASS

For any ladies hoping to enhance their culinary skills, you'll likely be pleased to hear that we'll be heading to your exciting cooking class at 3pm. You'll get to prepare 4 meals, learn about the traditional methods of cooking Italian cuisine and even sit with your chef to enjoy your tantalising dishes.

#### WED | SIENA & DINNER AT UNDERGROUND JEWELRY SHOWROOM

Siena is one of the most prominent towns in the region and that's where our agenda will be leading us this morning. You'll get to enjoy a walking tour of the area, complete with information, sightseeing and an opportunity to meet and greet the locals. After your tour you'll have some free time before we head back to the villa - and you could spend it shopping or enjoying a Panini as you travel to name just a few options. We'll get you back to your accommodation where you can unwind by the pool, enjoy a little relaxation time, or take a walk around the local area to further immerse yourself. At 7pm we will take you into Cortona to enjoy an elegantly lavish dinner at an underground Jewelery showroom.

#### THU | WINE TASTING IN CHIANTI

This morning we have an exciting tour of Chianti on the cards. We'll be stopping in Castellina for a coffee and the exhilirating opportunity to explore the town and all it has to offer. We then have an extended lunch and tasting session planed at an exquisite organic winery, where there will be the opportunity to meet the winemakers.

# FRI | WELLNESS DAY & PROSECCO

What ladies retreat would be complete without a spa day to truly stimulate your senses and allow you to unwind before you return home? This is our plan for the day. You'll be treated to a massage, a tastebud-tingling lunch and then a glass (or four!) of Prosecco - made from the local vineyards in and around the region. With your mind and body relaxed, we'll celebrate your time with us by enjoying an Italian aperitivo and then a farewell dinner in Cortona

#### SAT | DEPARTURE

We will then drop you back to the station and wish you well on your journey - and we'll look forward to seeing you again for even more memories of Tuscany.

"Tours of Tuscany has been the most fantastic vacation experience! I had no idea how wonderful it would be. Ines & Monique have made this week so magical. I feels as though I am leaving family behind, we have toured the most beautiful places, ate the most delicious food, and drank the best wine all while feeling we were with friends & family. I am counting the days until I can return! Truly an experience of a lifetime!"

# Frequently Asked Questions

#### When is the best time to travel?

July, August, September is peak season, both from the number of travellers and the Summer heat. May, June and September/early October are good options for milder weather.

#### Will I get to see sunflower fields?

The sunflowers bloom very late June/early July through to the end of July. This however can vary depending on the weather.

### What is the average age of those in your groups?

Our guests vary in age from 30 through to 75 years of age.

#### What time do our day trips start?

Our touring day generally commences at 9am.

#### Do I need travel insurance?

We highly recommend travel insurance and all who book with Tours of Tuscany require proof of travel insurance. You are required to purchase your own travel insurance to cover cancellation coverage, airline tickets, trip delay, lost luggage or any potential medical expenses.

#### Is there any free time?

We have scheduled tour free days within our respective itineraries and there is also the opportunity of spending time on your own on any of the scheduled day tours.

# Is there air-conditioning in the apartments?

Yes, all apartments are air conditioned.

#### Is there a lot of walking?

Walking is part of the tour itinerary and although there may be stairs to climb and walking over cobble stoned streets is common, the walking is quite leisurely and you are able to stop and take a break if required.

#### What can I do on a Tour Free Day?

You can choose from a variety of additional activities that we have on offer, these range from cheese making, cooking classes, horse riding, Vespa/cycling tours and many more. Booking prior to the tour is recommended. Alternatively you can visit another township via train or spend the day in Cortona.

#### Is there access to Wi-Fi?

There is Wi-Fi at all of the accommodations. However please remember that some of these places are in the countryside and although the Internet generally works quite well, it may not be the speed to which you are accustom.

### Can I make changes to my itinerary before or during the trip?

Itineraries are provided in order to ensure all our guests have the utmost travelling experience and we therefore do not amend itineraries once your tour has commenced.

#### How are the meals provided?

Within your apartment you will find all necessary items to make either a continental or cooked breakfast at your leisure prior to leaving for the day. Lunches are generally at a Caffe or restaurant where you choose one course from the menu, this is generally a light lunch.

All dinners are at a local restaurant or Trattoria. Dinner is 2 courses chosen from an a-la-carte menu. Local wine is included with dinner.

#### What will the food be like?

The food is typically Italian; all the meals provided are from a-la-carte menus which have ample varied selection.

# What if I'm vegetarian or require a particular diet?

You are able to choose from an a-la-carte menu for all meals and the selection is varied and caters well for vegetarians.

#### What is the dress code?

Comfortable clothing and walking shoes for daily tours and smart casual for dinners.

What happens if I need to cancel?

Please see our terms and conditions.

### Is the accommodation in walking distance to the town centre?

The accommodation is approximately 10 km from Camucia-Cortona.

Are there laundry facilities?

#### Is Tours of Tuscany insured?

Tours of Tuscany is an Australian company registered with the Australian Securities and Investments Commission and carries Public Liability insurance & Professional Indemnity insurance.



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